



# HOW TO COMMUNICATE WITH SOMEONE WHO HAS DEMENTIA

A GUIDE FOR CARERS

by Angela Caughey

with a foreword by Dr Chris Perkins, FRANZP

This compact, practical book will help anyone caring for someone with dementia to communicate better with them. It shows carers how to express their message effectively, and helps them interpret more easily what the person with dementia is trying to convey, so that frustrations and stress are minimised, and the challenges of dementia are managed in a positive and respectful way.

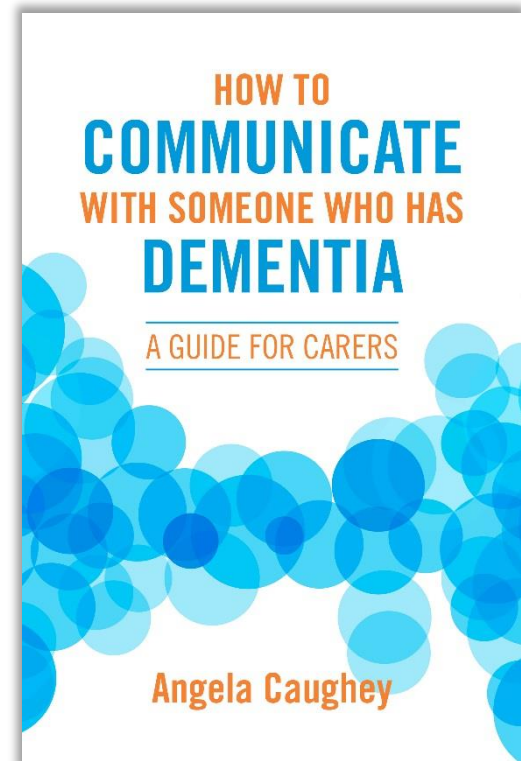
- Practical strategies given throughout
- What works and what doesn't, and why
- Main types of dementia and effect on communication
- Effective use of language
- Critical listening skills
- Interpreting body language
- Tips and strategies that are easy to implement
- Benefits for the carer and the person with dementia
- Endorsed by the Neurological Foundation of New Zealand.

## Angela Caughey



For more than 12 years author Angela Caughey took care of her husband who had Lewy body dementia. Following on the international success of her previous book, ***Dealing Daily with Dementia***, she here turns her

focus to one of the most challenging aspects of this illness. She is the author of five previous books.



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Linda Cassells  
linda@calicopublishing.co.nz